

Travel Itinerary

September - October 2024 | Kitty Hawk, N.C.

Couples Retreat Adventure

Trip Type

3 Night/4 Day Escape

9 Meals Included

3 Breakfast, 3 Lunch 3 Dinner

Age Requirement

Minimum Age 21*

Trip Highlights

Soundside Couples Massage

Relax with customized massages at Aqua Spa, located in Duck N.C. overlooking the soundfront. Once you slip into the spa robe and slippers you'll achieve "serenity now!"

Sunset Cruise

Nothing could be finer than a sunset in Carolina on the Downeast Rover. Cruising on the water with a glass of champagne will generate a sensory overload in the best way. This experience is magnificent!

Beach Horseback Riding

This is the quintessential beach experience. Riding horseback on the beach almost seems too good to be true. You will ride rescued horses as you are guided along Coquino Beach. This is a moment you will never forget.

Included Services

Couples Retreat Adventure package will include premium transport to all activities. Option airport transport can be arranged for an additional charge of \$199 per person or \$250 per couple. All tips and fees are included in scheduled activities and excursions as well as scheduled meals. Tips or gratuities beyond the items outlined in the itinerary are the guests responsibility and not covered by Outer Banks Adventures. Transportation vehicles typically are a Suburban or similar vehicle able to comfortably handle groups.

*Minimum age is 21 due to activities including alcohol. Minors may be accompanied by an adult with a waiver.

Travel Itinerary

September - October 2024 | Kitty Hawk, N.C.

DAY 1: ARRIVAL AND CHECK-IN WITH SEAFOOD BOIL

Day One: Soundside Massage & Seafood Boil

Activities Highlights: Couples Retreat Adventure

Welcome Boil, Massage, Sunset Toast

Arrive in the Outer Banks

If you arrive by vehicle, there is parking on the property. We offer a discounted shuttle service from Norfolk Airport (ORF) for anyone arriving by plane. Sit back and relax while your OBX Adventures representative transports you to the Outer Banks. After the 90-minute ride, we will assist with your luggage and show you to your room.

Your room will be prepared with fresh flowers and local confections.

Lunch

Partake in a traditional seafood boil paired with local beer or wine for a proper welcome to the Outer Banks. Enjoy the flavors of Alaskan snow crab legs, scallops, clams, mussels, lobster, shrimp, and more at an unforgettable meal. The Outer Banks Boil Company will cater a traditional boil made fresh on-site.

Afternoon

Start your trip in serenity with a Soundside Swedish massage at Aqua Spa. Your massage therapist will customize your massage to meet your individual needs. You will begin your experience at the Waterfront Relaxation Lounge before changing into a spa robe and slippers. You will emerge rejuvenated and in a state of tranquility.

Dinner

Your private reception will take place at the upstairs mezzanine of Trio Restaurant & Market. Boasting a cosmopolitan vibe and inventive cuisine, this local favorite is the ultimate start to your culinary journey.

Evening

Behold a stunning Outer Banks sunset from the private pier as you sip on a celebratory champagne toast.

Meals Included: Lunch, Dinner

Accommodations: Stress Less or Stress Less II

Travel Itinerary

September - October 2024 | Kitty Hawk, N.C.

DAY 2: GUIDED TOURS & HORSEBACK RIDING

Day Two: Vineyard Voyage

Activities Highlights: Couples Retreat Adventure

Beach/Sound Activities, Wine Tasting, Charcuterie Social

Breakfast

Continental breakfast will be served on-site. It includes fresh fruit, pastries, bread, juices, and local fare. Complimentary coffee and teas are always available on-site.

Morning

Complimentary beach cabana service, sound side activities, or use of the amenities on the property. Shuttle service to The Wright Brothers National Memorial or Jockey's Ridge State Park is available.

Lunch

Savor alfresco dining overlooking the Currituck Sound at Aqua Restaurant. Listening to the water rolling up against the sound side retaining wall is simply divine.

Afternoon

Taste the tannins at an epic wine tasting via the Sanctuary Vineyard Voyage. From Duck, you'll take a 6-mile boat ride across the Currituck Sound to a hunting lodge boathouse, in Jarvisburg, where a 4x4 safari truck will take you overlanding to Sanctuary Vineyard for your Reserve Wine Tasting. You will be offered a selection of 6 limited-edition dry wines from this award-winning vineyard that has been recognized in a feature by Wine Enthusiast. Each guest gets a complimentary bottle to treasure (only available for September dates).

Dinner

Described as "the best party you could find in the middle of nowhere" by one of the original owners, The Blue Point is one of the premier fine dining institutions in the Outer Banks. The open kitchen concept provides an added connection between you and the chefs preparing the ever-changing menu of specials and Southern staples. The Soundfront landscape provides stunning sunsets from the restaurant and The Barback, an outdoor lounge offering live music.

Evening

Enjoy a diverse assortment of flavors with a Charcuterie Board Social. Grab your drink of choice and test your palette to find your perfect pairing.

Meals Included: Breakfast, Lunch and Dinner

Accommodations: Stress Less or Stress Less II

Travel Itinerary

September - October 2024 | Kitty Hawk, N.C.

DAY 3: ESCAPE ROOM & DOWNEAST ROVER SUNSET CRUISE

Day Three: Beach Yoga & Waterfront Dining

Activities Highlights: Couples Retreat Adventure

Beach Yoga, Beach Horseback Riding, Bodie Island Lighthouse, Distillery Tasting, Firepit S'mores

Breakfast

Continental breakfast will be served on-site. It includes fresh fruit, pastries, bread, juices, and local fare. Complimentary coffee and teas are always available on-site.

Morning

Clear your mind and balance your body with a private beach yoga session. Along with the stunning ocean backdrop, you'll smell the aroma of saltwater in the air and hear the waves crashing as you allow your whole body to relax. The remainder of the morning offers complimentary beach cabana service, sound side activities, or use of the amenities on the property.

Lunch

Lunch will follow at Blue Moon Beach Grill known for its "once in a blue moon dining experience." They offer Southern comfort food with a creative flair. Thanks to their popularity, they were able to commission a custom-built restaurant to double the number of guests they could accommodate in 2023.

Afternoon (*Weight is limited to 225 lbs)

Let your spirits run free as you head to Coquino Beach for a 1-hour horseback riding experience* that is more than meets the eye. These majestic creatures are not the wild Spanish horses you will find in Corolla, they are gentle steeds that have been rescued and given a new lease on life. Rather than being put out to pasture, they enjoy taking you for a canter on the beach as the waves crash at the surf.

You'll follow that up by climbing just over 200 steps to the top of Bodie Island Lighthouse**, one of the sentinels of the "Graveyard of the Atlantic." The vast natural vistas span miles across the Cape Hatteras National Seashore including the Oregon Inlet, the Atlantic Ocean, and the Pamlico Sound. (**Visitors with heart, respiratory, or other medical conditions should climb at their discretion)

Dinner

The exquisite scenery continues at dinner as you overlook the Manteo Waterfront Marina and the Queen Elizabeth II. This distinctive atmosphere is accompanied by food prepared with artistry and presented with flair at the 1587 Restaurant and Lounge. You'll follow your meal with a visit to the first legal distillery on the Outer Banks. The Outer Banks Distilling company produces award-winning rums sure to tickle your taste buds. You'll sample some Kill Devil Rum Recipes directly from the source at The Wheel House Lounge located at Outer Banks Distilling.

Evening

Take your deconstructed S'more ingredients, roast your 'mallows at the firepit, and build your own S'mores!

Meals Included: Breakfast, Lunch, Dinner

Travel Itinerary

September - October 2024 | Kitty Hawk, N.C.

DAY 4: DEPARTURES

Day Four: Departures

Activities Highlights: Couples Retreat Adventure

Farewell Toast

Breakfast

Continental breakfast will be served on-site. It includes fresh fruit, pastries, bread, juices, and local fare. Complimentary coffee and teas are always available on-site.

Morning

Farewell toast and parting gift to make the memories last.

Transports and Departures

Check-out is at 11:00 AM. For anyone who scheduled OBX Adventures shuttle service, arrangements will be made to arrive 2-hours before their flight at (ORF).

Meals Included: Breakfast

Accommodations: Stress Less or Stress Less II

FAQ's

September - October 2024 | Kitty Hawk, N.C.

Couples Retreat Adventure

What to Pack

T-shirts (both short- and long-sleeved)
Valid Photo ID
Collared shirts (optional)
Sweater or sweatshirt Camera/video camera
Lightweight jacket or rain jacket
Extra batteries or charger for camera
Jeans or long pants
Casual Dress/Skirt (optional) Sunscreen
Shorts (Golf Attire)
Toiletries and Medication
Hats and Sunglasses
Closed-toe walking shoes and Sandals
Swimsuits

Weather

Visit weather.com for the most up to date weather information for your vacation dates and destinations.

Arrival/Departure Information

At the conclusion of your adventure, you will be transferred to Norfolk Airport (ORF) or car if you drove yourself. You may depart anytime prior to noon, however please keep in mind we are not responsible for missed flights, traffic or natural delays. Cars have free parking onsite for the entirety of the trip and are given the gate code for use during their stay.

All Other Gratuities

Gratuities have been taken care of on your behalf for all services included in the itinerary. There is no need for you to worry about tipping the bellmen, housekeepers, waiters, drivers or local experts.

Is alcohol included with meals?

Alcoholic beverages are typically not included with your scheduled meals. However, you may purchase them at your own expense. Most meals are included during your trip as outlined in the itinerary. Certain meals or activities may include alcohol and those would be clearly specified in the event description provided.

What if Outer Banks Adventures cancels the Trip

We will make every reasonable effort to operate the vacations as advertised; however, we reserve the right to curtail or modify the itinerary, or to substitute activities, hotels, meals or transportation as we deem necessary. Unexpected occurrences such as hurricanes, natural weather or unforeseen circumstances outside of our control will allow you to received a refund or reschedule.

Accommodations

Stress less or Stress less II Property